

# All is Gift

Place a grape in your mouth.

Savour the taste -

and ponder these words:

“Then he took a cup, and after giving thanks he said,

“Take this and divide it among yourselves

...

And he did the same with the cup after supper

saying,

“This cup that is poured out for you  
is the new covenant in my blood.”

*Luke 22: 17,20*

